

BEFRIENDING SERVICES

The befriending service consists of 3 strands;

1. *The Home Visiting Service*
2. *The Telephone Befriending Service*
3. *The popular social groups and activities.*

HOME VISITING SERVICE

In this service, clients are linked up with a personal befriender, who offers companionship and emotional support to those who are housebound or who have limited contact with friends and family. Visits usually take place once a week. All volunteer befrienders are fully trained and are subjected to an enhanced Disclosure and Barring Check (formerly known as CRB check - Criminal Records Bureau). This is done prior to the volunteer being allocated a client. A matching process is gone through before the 'link up' to give the befriending relationship the best possible chance of success.

TELEPHONE BEFRIENDING

A volunteer will call you up each week to check all is well and you are OK. This service is often used for clients who are awaiting a visiting befriender or for those who do not wish to have a home visitor.

BEFRIENDING SOCIAL GROUPS/CLUBS

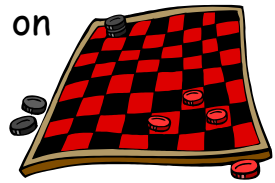
CREACTIVITY CLUB



This club is for the crafty and creative folk and takes place at our central office on Mondays from 1.00 to 3.00 pm. It's for those who love working with their hands. The cost is £2 per week for subscriptions and refreshments are provided

ALLSORTS GROUP

This group is held at BPL building on Queens Road and is for those who enjoy a variety of activities. Do you enjoy reminiscing about the good old days, music and film quizzes? We also have board games such as cards, dominoes, and scrabble. This group runs on Tuesday afternoons between 1.30pm and 3.30pm. The cost is £2 per week for subscriptions and refreshments are provided.



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BEFRIENDING PUB LUNCH GROUP

This usually takes place on the last Friday of the month. We visit local pubs for quality food at very reasonable prices. A great deal of fun is had and for many it has become a monthly highlight.

We encourage people to make their own way there via public transport or, dial-a-ride. The cost of the lunches is around £5 or £6, plus transport costs.



If you are interested in any of the services or activities detailed in this leaflet, please contact us on **01226 776820** or write to 'Befriending Services' Age UK Barnsley, 36a Queen's Road, Barnsley, S71 1AR.

Befriending Services

Age UK Barnsley seeks to support elderly residents living in the borough of Barnsley, who have limited support networks and who therefore, suffer from loneliness and isolation.

We are committed to promoting their well-being, fulfilment and happiness so that our elderly citizens can enjoy their later life more. One of the ways we do this is through our 'Befriending Service' which offers a range of differing activities. *See more details inside:*

